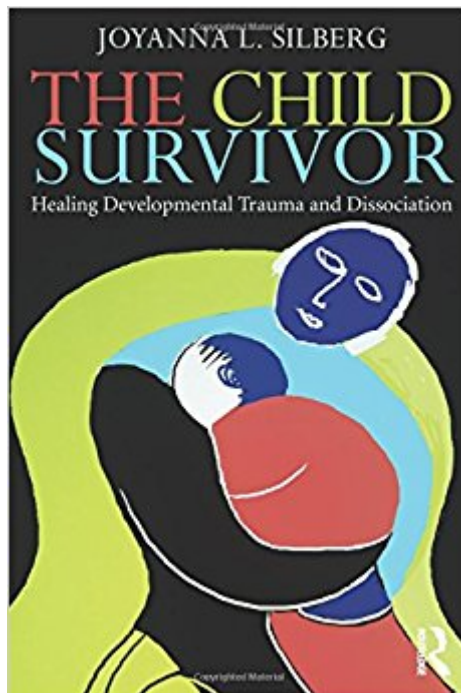




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# The Child Survivor: Healing Developmental Trauma And Dissociation



## Synopsis

The Child Survivor is a clinically rich, comprehensive overview of the treatment of children and adolescents who have developed dissociative symptoms in response to ongoing developmental trauma. Joyanna Silberg, a widely respected authority in the field, uses case examples to illustrate hard-to-manage clinical dilemmas such as children presenting with rage reactions, amnesia, and dissociative shut-down. These behaviors are often survival strategies, and in The Child Survivor practitioners will find practical management tools that are backed up by recent scientific advances in neurobiology. Clinicians on the front lines of treatment will come away from the book with an arsenal of therapeutic techniques that they can put into practice right away, limiting the need for restrictive hospitalizations or out-of-home placements for their young clients.

## Book Information

Paperback: 288 pages

Publisher: Routledge; 1 edition (October 18, 2012)

Language: English

ISBN-10: 0415889952

ISBN-13: 978-0415889957

Product Dimensions: 6 x 0.6 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 14 customer reviews

Best Sellers Rank: #549,499 in Books (See Top 100 in Books) #71 in Books > Health, Fitness & Dieting > Mental Health > Dissociative Disorders #655 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Pediatrics #1035 in Books > Medical Books > Medicine > Internal Medicine > Pediatrics

## Customer Reviews

"It is easy to say that this book is a must read. It is, of course, for child therapists. But it is a must read as well for adult clinicians because it speaks about the traumatized children the adult clients have been and for whom their inner child parts are a vivid testimony. Adult therapists will find not only new ways to understand their clients' difficulties but also new, creative, and human ways to help them heal." — Sandra Baita, PsyD in the Journal of Trauma & Dissociation

Joyanna L. Silberg, PhD, psychologist at Sheppard Pratt Health System, is an international expert on dissociation in children and adolescents, and past president of the International Society on the

## Study of Trauma and Dissociation.

Well respected author. Full of interesting information about dissociative children, exposed to trauma.

"I cannot say enough good things about this gift of a book by Joyanna Silberg for therapists working with child trauma survivors. It is SO well written - the writing is unusually clear and there is a beauty, almost poetry in the way the words read. But this quality does not compromise the depth and complexity of the ideas of which she is writing. It is one of those rare books in which clinicians will walk away with new things to think about and new things to DO as well. Dr. Silberg has years of clinical experience working with child survivors in treatment, supervising others, going to court as an advocate - she is one of the most dedicated people in this needed field and her book is a triumph!"-Jan Freeman, MSW, LCSW-C, Faculty, International Society for the Study of Trauma & Dissociation; Founder, Chair, DC Metro Area Trauma Forum.

I am using this with Frances Waters book for a course on dissociation. This is a great book with so much information if you are looking to better serve traumatized child survivors in your mental health practice.

As a family law specialist attorney in California, I found this book very useful. I wish I didn't constantly see traumatized children, but I do. It amazes me that people like teachers or counselors will remark that a child "daydreams" a lot---and they can't see the dissociation which is right in front of their faces. Parents, if you have a traumatized child, you need this book.

Excellent and easy to read

Excellent book

Essential

The Child Survivor, by Dr. Joyanna Silberg, Ph.D. is an absolute must-read book for anyone who touches the life of traumatized children and their families. Dr. Silberg provides a step-by-step, detailed explanation of her insightful model for treating these children. Her assessments and interventions are masterfully described, and include incredibly useful therapeutic techniques

supported by relevant research. Symptoms such as rage attacks, memory loss, affect regulation, and family attachment issues are addressed and given a clinical perspective which organizes the chaos often found in these cases. I have been a trauma therapist for over 20 years, and this is the most significant contribution to this field I have run across in a very long time. Further, it is a pleasure to read, with lots of captivating case examples. I walked away thinking how fortunate Dr. Silberg's patients have been to have her as their psychologist. Nancy Hayes-Gary, Psy.D. Licensed Psychologist Trauma specialist and adolescent/child therapist

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